



As we start phase 2, just know that we are really asking you to not just think about what you are able to get from this daily time to focus on your family, but what are you willing to give. We have been creating within you, opportunities to connect with your family. We will continue to equip you over the days and months, but we will also ask you to think outside the box and begin taking ownership of the spiritual direction and leadership of your family. This is exactly what God intended because God gave you your children and believed so much in you that he gave you these loaves, your children as a blessing and opportunity to help direct and mold their lives. It's never going to be easy, but understand, when we come with our hands open in humility and obedience, God is able to take our gifts and use them to change the world. So it was with the loaves and fishes... so will it be with your child/children. God is ready to do so much with just a test of obedience from us.

Prayer:

Lord, when I let myself dream, I get really pumped about all the things I'd like to do for you, and for people. For example...(Fill in the Blank)... But I'm usually afraid I don't have what it takes. I hear what you want from me, and I give up before I start. To be honest, I'm afraid you're unrealistic—that you want me to give what I don't even have. But You promise that that's not true. You just want what I have...everything I have. And as small as that seems to me, here it is. Here I am. As an act of faith in you this week I will (Fill in the blank with one simple, stretching act of obedience)... I pray these things, too, for my family, that they would courageously give you everything, and that you would provide confidence in your complete sufficiency through Him. AMEN

Memory verse: Actually an old Hymn:

Take my life and let it be, consecrated Lord to thee.

Take my moments and my days, let them flow in ceaseless praise.

Take my hands and let them move, at the impulse of thy love.

Take my feet and let them be, swift and beautiful for thee. Frances Ridley Havergal





Think about these questions, talk with God, and journal about them. When you meet with your family, share your thoughts and feelings honestly. Pray together for true knowledge of Jesus, no matter how old you are, and do what you can to help each other find them.

\*What's the difference between knowing Jesus and knowing about Jesus?

\*What's the difference between knowing Jesus and doing the good things He says to do?

\*If someone asked you how to start a relationship with Jesus, what would you say?

\*Do you know the Son of Man? You can pray to Him now, using the following prayer or any words that convey the same ideas. Then you'll have His presence in you, helping you live the life you've always really wanted.

Jesus, I've done wrong things, and I don't deserve forgiveness or heaven. Thank you for dying for me. I accept your forgiveness, your free gift of eternal life. Change me inside, and help me live for you. Thank you for this miracle in me. Now do miracles through me. And if you know Jesus... Lord, thank you for being in my life. Never let me take you for granted. Pull me and my family closer to you. Let us actually feel like we're starving when we neglect you, so we'll seek you with all our hearts. Live through us and change our world. AMEN

**Memory Verse:**

**This righteousness from God comes through faith in Jesus Christ to all who believe. There is no difference, for all have sinned and fallen short of the glory of God, and are justified freely by His grace through the redemption that came by Christ Jesus. Romans 3:22-24**

## Phase 2 Day 4

Scripture: Matthew 14:22-33, Esther 2-4, 5:1-3, 6-8

Joshua 1:7-9

Why Did You Doubt?



\*Read today's scriptures:

One of the biggest struggles in this journey truly is the doubt that many of us have as it surrounds our lives. We continue to doubt that we are smart enough or good enough or can even fully understand who our students are and the decisions we need to make to equip them or prepare them for life. It's doubt. We stare at it every day when we look in the mirror, and continue to question everything when our worlds seem to be collapsing in around us. However, sometimes doubt can be a powerful source that helps to lead us out of our comfort zones. As I watch my children continue to grow up right before my eyes, sometimes the doubt that is in their lives causes them to have to reach out and depend only on Jesus to make it to the next step of their faith journey. When we cannot even see the light at the end of the tunnel, we continue to question if God really knows what is happening in the midst of the uncertainty and chaos that we may be right in the middle of right now. Breathe, God knows where you are and trust me, has already walked a mile or more ahead of you to prepare for your journey of full dependence on Him and not in this world. Today as you walk in your faith journey, the scriptures and the questions are going to challenge you to think about where you are in this so called life. Yesterday you were challenged to spend time talking to your family about faith.. well it's just as powerful to sit down and help them see and understand our journeys through doubt and how the struggle is real. How we live our lives in the presence of God in hopes of placing all of our doubts and fears at the foot of the cross and taking a step out of the proverbial boat by faith. SO spend some time today discerning your biggest doubts and fears and talk about how through those moments, God was able to direct your path. Even when you may have not realized it in the immediate moment, but you were able to see His prevenient grace when you looked back with 20/20 vision to see how God was there every step of the way.

Another day, a BIGGER challenge. Don't face it alone. Connect with your family soon, and share encouragement, accountability, and prayers. Connect with God about these questions and journal your responses.

\*Describe the doubt that makes it hard for you to trust and obey God.

\*What helps you beat it? What makes it worse?

\*How do you need people? What can we do for you?

\*Don't wait for fear to disappear. Fear isn't the opposite of faith. Disobedience is. What step will you take to show faith in spite of fear this week?

Lord, it's hard to admit that I doubt you. I do. (Share your doubts). Thanks for understanding. And thanks for not letting me stay stuck. Give me the will to obey, no matter how I feel. And when we've won a victory, let me feel your smile. I know that my family are also feeling doubts about (fill in the blank).. Please give them courage to overcome too. AMEN

**Memory Verse:**

Lord if it is you, Peter replied, tell me to come to you on the water. Come, he said. Then Peter got down out of the boat, walked on the water and came toward Jesus. But when he saw the wind, he was afraid and , beginning to sink, cried out, Lord, save me!.Matthew 14:28-30



So today that is what I am asking you to do. Spend a little time really getting to know and getting intimate with God. And hopefully you can share that experience with your family. Because all of our families are at different stages of knowing God. So it's ok if we tell our stories to help them out a little. As you dig into and journal about these questions, picture Jesus there talking with you. Absorb the love, power, and truth of His presence. Renew your commitment to seek Him each day. Share your commitment with your family, and prayerfully support each other.

\*What are some ways you've seen and come to know Jesus personally in your time with Him this week?

\*What differences has this vision of Him made in your attitudes and way of living?

\*In what ways do you need to open your eyes to Jesus, take a fresh look at Him, revive your relationship with Him?

\*What's one step you'll take now to see and know Jesus better?

**Prayer:**

Jesus, I want to see You. I want the fulfillment of a deep friendship with the God of everything, the central character of all human history. You. I know I have disappointed You at times, neglecting You, running from You, pretending to be Your friend when I've been more like a stranger to You. I'm sorry. Give me hunger to know you through your Word and prayer. And give me awareness to see Your hand and heart in people and events around me. I pray for the same hunger and sensitivity in my family. AMEN

**Memory Verse:**

When they saw the courage of Peter and John and realized that they were unschooled, ordinary men, they were astonished and they took note that these men had been with Jesus. Acts 4:13





## Phase 2 Day 8

Scripture: Luke 5:1-32, 1 John 1:9, Hebrews 10:17-18

Isaiah 61:1-3, 2 Corinthians 12:7-10

What's Easier to Fix-Body or Heart?



\*Read today's scriptures:

God promises to forgive all sins when we ask Him. He also heals emotional wounds with time. Sometimes He heals our bodies sometimes not. Trust His compassion for you as you journal, pray and connect with your family.

\*Do you have trouble believing in God's complete forgiveness and acceptance of you? If He's forgiven you, have you forgiven yourself, or sought forgiveness from others? Why might these steps be important?

\*Is some physical or emotional injury keeping you stuck? If so, explain why.

\*Consider your fitness to God's mission. What one specific healing of sin, emotions, or body would you request?

\*Once you've prayed for this, how can you step out in faith that the Healer has granted it, will grant it over time, or will enable you to live well even with this injury?

Lord, I hurt. My spirit sometimes feels dirty. Help me stay close to You through confession, and give me confidence that You forgive and accept me completely...(Tell Him specifics). You know best how and when to touch my other hurts. I give them all to You. Heal whatever I need in order to serve You best. Help me obey with patience and joy while enduring any injuries You don't heal, or that take time to heal. I'll be completely whole in heaven, but I can wait... and serve You...until then. Also bring healing to my family. AMEN

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. 1 John 1:9











## Phase 2 Day 14

Scripture: John 5:1-18, John 3:19-21, 1 Corinthians 1:25-31  
1 Thessalonians 5:14



Do You Want to Get Well? \*Read today's scriptures:

We've all been wounded in life. Spiritually, emotionally, physically. At our own hand, by others, and by life's impersonal accidents. God offers healing....restoration to the fully functioning Christ-follower you were always meant to be. But healing sometimes means frightening change, hard work, and pain. It's okay to be afraid, but go ahead...put yourself in the Doctor's care. You can trust Him.

As you wrestle with these questions, be especially honest. With God...with your family...with yourself. Use your journal as a sounding board. Use your family as a source of prayer and encouragement. And be the same for them.

\*A huge number of people, young and old, have emotional and spiritual illnesses and wounds inside. Pain from abuse, rejection, or neglect. Horrible self-images. Destructive habits and addictions. Depression... A lot of people prefer to stay sick. Why? What good do they think they're getting out of their condition?

\*Do you know someone who doesn't want to get well? Don't mention names. How might Jesus try talking them into accepting healing?

\*How about you? Are you resisting God's healing in some way? Do you know why?

\*How might your life be different if you let Him make you well?

\*What specific steps would lead to your healing? Consider for example prayer, confessions, accountability, learning God's truth, getting counseling, or rehab. What do you want to do first?

Lord You've taken care of me in so many ways. (Thank Him for specifics). But I've held back some of my favorite wounds and sicknesses from Your healing touch. I don't completely understand my weird attachment to them. But here they are. (Open them up to Him). I do want to be well. Completely well. Give me patience with the time it takes. Give me courage for the obedience it takes. Give me humility to be vulnerable and honest. And give me confidence that you still love me, no matter what I dig up inside. Fix me, so I can know You and serve You better. Please help my family in their times of struggle as well. AMEN

**14 And we urge you, brothers and sisters, warn those who are idle and disruptive, encourage the disheartened, help the weak, be patient with everyone. 1**

Thessalonians 5:14



## Phase 2 Day 16

Scripture: Luke 2, Matthew 5:1-16, 24:42-35:46,

James 1:27, James 4:13-15

Didn't You Know I Had To Be About My Father's Business?



\*Read today's scriptures:

Whatever your age, your heavenly Father has important work for you to do—kingdom work. Take Him seriously. Take yourself seriously. Follow Jesus' example and show yourself to be a faithful, reliable child of your Father.

Ready to live and serve like Jesus? Journal your thoughts on these questions, your prayers, your commitments. Share them with your family, and keep on supporting each other in prayer.

\*What are the traditional boundaries limiting the ways "kids" can serve in church? Which of these do you think are biblical boundaries? Which might not be?

\*Can you describe one time that you or someone you know served God in an unexpected way—unexpected, maybe, because of age, abilities, personality, background, or some other pigeonhole?

\*What is your Father's business?

\*How does He want you to be doing it in church? Outside Church?

\*What's one significant new step you want to take to serve your Father?

Father, I'm so glad you adopted me into Your family. I love You. I'm also figuring out that You give Your kids chores and household responsibilities. Some of them are fun. Some are hard. Some are dirty. Some are scary. But I want to serve You. Now. Help me see opportunities for service that I've been overlooking. Help me accept responsibilities I've been avoiding. And if others frown on my service for You, give them insight to guide and encourage me. But give me also respect for the human authorities You've placed in my life. I pray too, for my family, that they would give themselves wholeheartedly to your service. AMEN

13 Now listen, you who say, "Today or tomorrow we will go to this or that city, spend a year there, carry on business and make money." 14 Why, you do not even know what will happen tomorrow. What is your life? You are a mist that appears for a little while and then vanishes.

15 Instead, you ought to say, "If it is the Lord's will, we will live and do this or that."

James 4:13-15

## Phase 2 Day 17

Scripture: Luke 11:1-13, 18:1-8, Ephesians 6:18, Philippians 4:6-7, 1 Thessalonians 5:17



Won't God Answer His Children's Persistent Prayers?

\*Read today's scriptures:

Praying to an invisible Father, it's sometimes hard to believe that He's there. That He cares, and that He listens. Especially when you don't get any response for a long time. But take Him at His word. He's there, He cares, He listens, and He will answer your prayer in the very best way and the very best timing. Keep praying.

As you journal your responses to the following questions, let the process be a conversation with God. Tell Him your thoughts and feelings, and open up to His guidance and love. Open up to your family, too. Help each other develop more solid and enjoyable prayer habits.

\*When you pray, do you think God is listening? Do you think He cares about your requests? Why or why not?

\*There are a variety of ways to communicate with God. Take a minute and brainstorm creativity about ways that might work best for you. (Think about all the ways people communicate- speaking, writing, body language, art, music, actions and more. How might you use these for relating to God?)

\*What are a couple of God honoring desires you want more than anything else?

\*What is your strategy for bringing these requests regularly to God? What is your first step?

Lord, You're always there. Amazing! And You're better than hanging out with a movie star or sports hero. You can do anything. You know everything, and You never stop loving me. So why don't I connect with You more? I want to. I will. Create in my heart a hunger to be with You. Help me be patient for that hunger to grow, so I don't give up when prayer doesn't come easy. Do the same thing for my family. Give them more and more joy in your presence every day. AMEN

**16** Rejoice always, **17** pray continually, **18** give thanks in all circumstances; for this is God's will for you in Christ Jesus. 1 Thessalonians 5:16-18

## Phase 2 Day 18

Scripture: Matthew 5:14-16, John 12:23-30,  
Mark 4: 1-34

Do You Put A Lamp Under The Bed?



\*Read today's scriptures:

God wants everyone on earth to know Him. You're His spotlight, pointing to Him, making His heart obvious, unveiling His truth for the world. Shine! You're also His seed of life, planted on earth. By dying to self, you can take the life He's given you and multiply it hundreds and thousands of times in other people.

Here are a few more questions and challenges for you to weigh in your heart—questions and challenges for Christ-followers of all ages. Journal your responses. Process them and pray about them with others, toward personalized commitments and real-life followthrough.

\*Think about your life on earth so far. What will you be remembered for when you're gone? What will people say at your funeral?

\*What have you contributed to the lives of those around you? How are they different because you lived?

\*What one simple but stretching step will you take this week to shine God's love and truth into the lives of others?

\*What has to die in order for this to happen?

\*What support or resources do you need from others this week? What do they need from you?

Lord, You've given me eternal light and life. What an amazing gift. Thank you. As grateful as I am, though, I know I've sometimes kept this light to myself, while You want me to shine it and share it. I'm sorry for the opportunities I've missed...the people I've left in the dark. Please forgive me. I want to start, right now, burning brightly and boldly into the darkness of this world. Give me courage to climb out from under the bed. Help me die to the fear of what others think. Show me how to live as royalty-on-assignment, the child of the King who wants the whole world to be in His family. I pray this, too, for my family, that they would be able to put to death their self-attitudes, drop the walls, and shine You to people around them. AMEN

**14** "You are the light of the world. A town built on a hill cannot be hidden. **15** Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. **16** In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven. Matthew 5:14-16













## Phase 2 Day 25

Read Matthew 6: 25-34

Worry a problem we all face...



### Read Scripture Verses:

Worry is a state of anxiety and uncertainty over actual or potential problems.

As humans we typically tend to worry about any and everything. We worry about important and unimportant things. We worry about failure and success. We worry about what people think and don't think. We worry about money. We worry what our kids are doing. Our kids worry about sports, school, friends, boyfriend, girlfriend, peer pressure, social status, and what their parents think. We let worrying drive us CRAAAAZZZZY! Worry worry worry is all we do.

Retread Matthew 6:25. Therefore I tell you do not worry about your life. If we spend all of our time worrying there will be no time to live life. We are so scared of failure that we worry about everything. God did not create us to live our lives in fear. He made us wonderfully and perfectly. He made us to be successful even when we fail. Worrying is uncertainty and when you accept Jesus Christ into your life there should be no uncertainty. Verse 34 says therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

Worry can cause separation in your family. The parents worry and get stressed out. They worry about their children and lose trust in them. Children worry so much of how their parents will react and think that it forms a barrier of communication between them. God did not give us hearts to worry or brains to worry he gave us faith hope and love. Worry takes away time that you should be focused on the people in your family. We should not worry about the future because verses like Jeremiah 29:11 give us comfort that god has everything under control and a future of greatness.

Reread Matthew 6:31-32.

God knows what you need and when you need it so stop worrying and let God do his job.

Dear God, please help me and my family not worry about all the things that we do. Let us take that time we would normally spend worrying and use it to spend time with each other. Help us not to build barriers between one another and to understand that you give us faith hope and love and that all three of these things out weigh worry. Help us live our lives without uncertainty because as a family living for god we have accepted you into our hearts and you do not give us any uncertainty. In your name we pray, Amen.